



## GUIDE SHEET: FROM HEAD TO TOE

LABEL AND TRY TO USE THESE WORDS IN CONVERSATION WITH YOUR CHILD THIS WEEK:

### Animals:

penguin      gorilla  
giraffe      crocodile  
buffalo      camel  
monkey      donkey  
seal      elephant  
cat

### Action Words:

turn      arch  
bend      wiggle  
raise      thump  
wave      kick  
clap      stomp

### People:

boys and girls

Describe your actions. Encourage your child to describe actions.

- Invite your child to tell about his/her experiences: *Can you pretend to be the animals too? Which one is your favorite?*
- Imaginary play: *Now it's your turn to arch your back. Can you clap like a seal?*
- Matching: *Which animals have tails? How many animals are showing you their teeth?*

## REMEMBER



Encourage the child to **WANT TO LEARN**  
**PRAISE** when the child does well  
Try to **IGNORE** mistakes  
**HELP** when the child really needs it

Encourage your child to **TALK**  
**ASK** the child questions  
**LISTEN** to the child's answers  
**ADD** to his/her comments

**ENCOURAGE**  
Curiosity  
Imagination  
Independence

