



GUIDE SHEET: THE WAY I FEEL

LABEL AND TRY TO USE THESE WORDS IN CONVERSATION WITH YOUR CHILD THIS WEEK:

Colors:

Pink
Purple
Yellow
Green
Blue

Feelings:

Silly
Scared
Excited
Sad
Angry

Actions:

Making funny faces
Shaking
Shouting
Soaring
Bouncing

Describe your actions. Encourage your child to describe actions.

- General: Can you make a happy face? Sad face? Scared face? Excited face?
- Actions: What are the kids doing on each page? Sitting in the tree? Jumping? Playing?
- Emotions: Why do you think the kid is mad? What makes you mad? Why do you think the kid is happy? What makes you happy?



ENCOURAGE
Curiosity
Imagination
Independence

Encourage the child to WANT TO LEARN
PRAISE when the child does well
Try to IGNORE mistake
HELP when the child really needs it

Encourage your child to TALK
ASK the child questions
LISTEN to the child's answers
ADD to his/her comments

