



planning for the future-today

CARE PLANNING CONSULTATION

Our JFCS Senior Services professional staff works closely with adults 60 years of age and older and their families to ensure safe, supported and independent living at home. Caregivers and clients access resources, education and information on respite options.

Care Planning Consultation helps when families notice changes in parents and/or spouses. Families meet with professionals to articulate issues and challenges, learn about available resources and develop a personalized action plan to maximize independence and more. Services are available on a sliding-fee scale—call for more information.

Changes in your parent/spouse to take notice of:

- > Becoming forgetful
- > Withdrawing from social activities
- > Not sleeping
- > Overwhelmed by normal tasks
- > Changes in ability to manage finances
- > Less sure behind the wheel
- > Contemplating a move

Care Planning Consultations can help families:

- > Articulate the issues
- > Learn about available resources
- > Prioritize which issues need to be addressed first
- > Create a plan for maximizing independence
- > Determine a division of responsibilities among family members and learn how to support each other

**For more information
on Care Planning
Consultation call
952-546-0616**

OUR MISSION

Jewish Family and Children's Service of Minnesota provides essential services to people of all ages and backgrounds to sustain healthy relationships, ease suffering, and offer support in times of need.

OUR VALUES

Based on the Jewish concept of *tikkun olam* (repairing the world), JFCS believes everyone is entitled to equal economic, political and social rights and opportunities. As a human service organization, we value:

- > Compassion
- > Inclusion
- > Innovation
- > Integrity
- > Collaboration