

Sponsors: Elyse Rabinowitz and Jim Porter, The Oren and Sharron Steinfeldt Foundation
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Metropolitan Area
Agency on Aging

JFCS Kosher Meals on Wheels addresses food insecurity, poor nutrition, and social isolation among seniors by providing culturally sensitive weekly deliveries of up to seven frozen, nutritionally balanced kosher meals. Designed to be both healthy and culturally appropriate, the program supports positive health outcomes, food security, and seniors' ability to live independently. Participants can select from 20 different meals that cover a variety of food options, including poultry, beef, vegetarian, fish and ethnic-inspired dishes.

Many participants say the program feeds more than hunger—it brings the comfort of familiar kosher meals, the reassurance of reliable deliveries, and the joy of connection with caring drivers and connection to JFCS.

In 2025 we served,

61 Minneapolis clients by providing a total of **10,212 meals**

41 *St. Paul clients by providing a total of **7,981 meals**

*St. Paul meals delivered by MN JCC



Based on a recent client needs/satisfaction survey,

- Almost **60%** of respondents shared that they rely on their delivered meals as their **main source of daily nourishment**.
- Over **70%** of respondents shared that, **without this service, accessing regular meals a would be a struggle** due to health and mobility challenges, limited transportation, and the cost of food.
- Almost **90%** of respondents shared that they would definitely **recommend the program** to others in their community.

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The JFCS staff that delivers my meals is the sweetest man. I like him, he is a real gentleman. Very kind to me. I look forward to my deliveries each week because of that.

The meals are very nice to have as I don't have energy to cook for myself.

We really appreciate the JFCS Kosher Meals on Wheels meals compared with other companies. We've tried many and nothing stands out as high on the quality side as JFCS. We always recommend the program to others!

Kosher Meals on Wheels has been amazing for me and my driver is also always so great.

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